

# The Fundamentals of Hospice Palliative Care

Basic Level Multidisciplinary Palliative Care Education - Program Information and Registration

## Eligibility criteria

**Core Fundamentals** is an eight-week program intended for those working in the health care system who have an interest in developing their capacity as it relates to hospice palliative care.

### The Core Fundamentals curriculum includes:

- In\_person learning sessions
- E\_learning modules
- Self\_directed reading
- Peer-to\_peer sessions

### In\_person learning sessions:

All in-person sessions are 9 a.m. to 4 p.m.

### Location:

#### Session 1:

#### Session 2:

#### Session 3:

#### Session 4: - Enhanced

### Registrants can include:

Volunteers, Personal Support Workers, Recreational therapists, Housekeeping, Dieticians, Social workers, Case Coordinators, Directors of Care, Developmental Service Managers, Students, Health Administration, Occupational Therapists, Speech Language Professionals, Physical Therapists, Nurses, Pharmacists, Family Health team staff, Emergency Medical services, Mental Health Case Managers

## Registration

Name:

Phone:

Email:

Discipline:

Place of work/volunteer organization:

Sector: (✓)

☐ Community ☐ Long-Term Care

☐ Hospital ☐ Residential

☐ Hospice ☐ Other

### Registration deadline:

Course cost recovery: \$25

Cheque or money order payable to:  
South East LHIN" and mailed to:

Attention: Finance, South East LHIN Office  
1471 John Counter Blvd. Suite 200  
Kingston, ON K7M 8S8

### For information contact:

#### Cyndi Crowder

613-966-3530 ext. 5260 or 1-888-871-8868

Fax: 613-966-0996

[Cyndi.crowder@lhins.on.ca](mailto:Cyndi.crowder@lhins.on.ca)

**Note:** You are not fully registered until payment is received.

## **Enhanced Fundamentals**

Enhanced Fundamentals, a full day session, along with self-directed learning, is a prerequisite for the Comprehensive Advanced Palliative Care Education (CAPCE) Program.

To participate in the Enhanced Stream of the Fundamentals program, the participant must:

- Be a Nurse Practitioner (NP), Registered Nurse (RN) or Registered Practical Nurse (RPN); and
- Have successfully completed the Core Fundamentals program.

## **Following completion of the Enhanced Fundamentals program, the participant will:**

1. Demonstrate an understanding of the basics of a physical and symptom assessment.
2. Demonstrate an understanding of how to administer medications commonly utilized in symptom management for persons with advanced life-limiting illness.
3. Demonstrate an understanding of the potential nurse leadership role.

## **Performance objectives**

At the end of this course, the registrant will:

1. Demonstrate sensitivity, understanding and respect for the individuality of the patient, family and team/caregivers
2. Identify and understand issues associated with illness and bereavement
3. Effectively communicate with the patient, family and team
4. Recognize and report changes in any of the Domains of Issues associated with illness and bereavement
5. Provide hospice palliative support care strategies
6. Actively learn and develop personally and contribute as part of a team and organization
7. Demonstrate sensitivity to the impact personal attitudes, behaviours and values can have on the illness, experience of the patient and, family and team/caregivers
8. Learn about communication assessment tools, 'yellow folder', Symptom Response Kit (SRK), End of Life symptoms, grief, Medical Assistance in Dying (MAID) and care for the caregiver

## **Course Facilitator(s):**